Critical Analysis of Reasons for Divorce in Our Society

Divorce is the termination of a marriage between a couples. It happens after a husband and wife decide not to live together anymore and that they no longer want to be bear the duties and responsibilities of marriage thus dissolving the bonds eventually making them each single again and allow them to marry other people if they want to. The main proximal causes of divorce include;

1. Extra-marital Affairs/ infidelity, have become a common occurrence in the society. Anger and resentment, differences in sexual appetite and lack of emotional intimacy are reasons why couples cheat. It involves the infidelity of physical, emotional and mental activities of someone who is married. At some point in life married individuals engage in infidelity during their marriage. This cheating is due to increase in time spent away from spouse or developing a habit of having multiple partners before marriage, or even during marriage. Variations in extra marital affairs include one night affair and or emotional affair. Failure in fulfilling conjugal rights, break in communication, childlessness and different interests transpire to extra-marital affairs. Male partners among married couples have been identified as involved in extramarital sex. The odds of divorce dramatically increase due to affairs.
2. Domestic violence- this is a serious public health problem. It involves the use or threat of physical attack such as pushing or punching, psychological abuse as well as forced sexual activity, to gain control in an intimate relationship. It results in fear, physical and emotional suffering. Women in current society are viewed to have suffered this torture from their spouses. They are the victims of domestic violence. Women often stay with their abusers because of fear being afraid that the abuser will become more violent if they try to leave. Some fear that they will lose their children. Many believe that they cannot make it on their own. The spouse who has been victimized by the other partner should seek legal rights before taking action.
3. Substance abuse- parenting is questioned when a parent has a substance abuse problem. Drug abuse and alcoholism affect one’s personal relationships, financial stability and other key aspects of life, leaving a negative impact on children and marriage.
4. Marrying too young- statistically, those who marry in their teens or early twenties are at a much greater risk of getting divorced than those who marry over the age of 30. This is caused partly by partners drifting apart or developing differences as they mature, not completely ready for long-life commitments. Money and division of chores are the issues that most likely to spark conflict among young couples.
5. Lack of support from family and friends- support from immediate and extended family in marriage plays a crucial role. However when the support is not there, families tend to flat out and does not agree with your decision. Sometimes, they just need to validate your decision. It can be disrespectful to your personal boundaries and undermine your confidence. Instead of unconditional support, they challenge you in your decision to end your marriage.
6. Lack of commitment-being committed in a relationship means that you’re thinking about both of you in every big decision that you will be making. When this lacks, it causes a downfall in marriage, one or both spouses begin to drift away from the relationship

taking their partners for granted. A person who doesn’t feel the responsibility of committing to his or her vows will be susceptible to different types of temptations which eventually lead to divorce

7. Much conflict and arguing- couples ought to disagree on a couple of things, handling this is what matters most. Couples having same argument over time might do so because they may feel ignored or not appreciated. As a result, it is often hard to see the other person’s point of view, thus adding up a lot of arguments without coming to a resolution. It’s not the number or intensity of arguments that’s problematic but rather whether or not resolution of those arguments is likely or possible. Couples that get into trouble find themselves in conflicts that they cannot resolve or compromise upon to both party's satisfaction. Lack of solution to this leads to marriage dissolution.
8. Not marrying for love- Usually, love forms the basic foundation for marriage. In some cases, people marry due to other factors as social class, money or wealth of their partners of interests. Lack of foundational love in marriages often lead to divorce.
9. Lack of intimacy-intimacy is the feeling of openness and closeness to someone else. When this lacks in a couple, one feels not attached as though you are strangers. This can be lack of physical and emotional intimacy which often leads to divorce.
10. Different priorities and interests- it is often not easy to agree to common passion and priorities in a couple, regardless of how important it is for a successful marriage. Couples that do not agree on what priorities to act on are likely to suffer the challenges of marriage.
11. Inability to resolve conflicts- couples are often faced with disagreements and conflicts. Forming basis to settle them so that each partner feels heard and respected is the the aspect. Sometimes it calls for a third party to help ease the tension.Inability to do this worsen the situation which eventually lead to divorce.
12. Long distance relationships- being separated from your partner by miles and struggling to remain close often creates a void space caused divorce. Suspicion, frustration and lack of understanding arise from lack of physical closeness. Here, partners end up imagining the most dreadful reasons for unavailability and lack of responsiveness. This becomes a leading cause of divorce.

Conclusion.

While divorce can save people from bad marriages, it can lead to devastating effects in the society, as dissolving families and weakening the belief that family is an important social unit. In most cases, children of divorce develop weak social character and may end up becoming social defiants. At all costs, divorce should be avoided in our society.